



GROWING UP IN IRELAND – the national longitudinal study of children STRICTLY CONFIDENTIAL

YOUNG PERSON: SENSITIVE QUESTIONNAIRE, 17-Year-olds

AREA HHOL	D D D	YP No					
Interviewer Name Inte	erviewer Number						
Time Section Started (24 hour c	lock) Date		Veer				
day mth year We have a few final questions which we would like you to answer. As some of these may be considered slightly sensitive we have included them in a section for you to complete by yourself. We would ask you to complete this section and return it to the interviewer. Once again, we would like to assure you that ALL THE INFORMATION PROVIDED IN ANSWER TO THE QUESTIONS IN THIS INTERVIEW IS TREATED IN THE STRICTEST CONFIDENCE. There are 13 sections in total. Some sections have very few questions, some sections may not apply to you at all, some are longer. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.							
X1. Young Person's sex: Male	Female	2					
X2. Young Person's date of birth? day	month		year				
<u>Section A</u> : This section contains questions on YOUR FRIENDS talk with someone about any issues in this area you could interviewer or just tell the interviewer you would like some these matters with you.	use the phone nun	nbers on the card	given to you by the				
A1. How many friends do you normally hang around with? [TICK ONE BOX ONLY] a. None							
A2. How old are the friends you usually hang around with?	TICK ONE BOX ON E	ACH LINE]					
None Some Most or all a. A year or more younger 1 2 3 b. About the same age 1 2 3 c. A year or two older 1 2 3 d. More than two years older 1 2 3							
A3. How many of your friends[TICK ONE BOX ON EACH LINE]	None	Some	Most or all				
a. Are from a different ethnic background to you?							
b. Are of a different gender to you?	🔲 1		3				
c. Have your parents met?			3				

d. Would you describe as CLOSE friends?

A4. In your d	ay-to-day life how often have any of tl	he following t	hings hap:	pened to	you?		
-		Almost everyday	At least once a	A few times a	A few times a	Less than once a	Never
		ororyaay	week	month	year	year	
other peopl	ated with less courtesy or respect than e		2				
	e poorer service than other people at						
	or stores						
	as if they think you are not smart						
d. People act	as if they are afraid of you				🗖 4	5	6
e. You are thr	eatened or harassed				🗖 4	🗖 5	6
one qu		_		-		frequently	to at least
	o you think is the main reason for the						_
	our Gender						
	our Race	¥				Level	
	our Age						
	our Religion						
	our Height					h	
	our Weight						
g. S	ome other Aspect of Your Physical Appe	earance \square_7	n. Othe	r			14
	m whom have you experienced this? Staff in shops Teachers Gardaí (Police) Medical professionals Someone else	[TICK ALL THA	Γ APPLY]				

A7. The following statements ask about your relationship with your close friends. Please read each statement and tick the ONE number that tells how true the statement is for you now.

a.	$\dots \dots $
b.	
с.	
d.	\dots \square_1 \dots \square_2 \dots \square_3 \dots \square_4 \dots \square_5
e.	
f.	
g.	
ĥ.	
i.	
j.	
, k.	
Ι.	
m	
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q.	
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S.	ر
t.	ر
u.	
v.	
w.	
х.	
у.	

<u>Section B</u>: This section contains questions on SMOKING, DRINKING ALCOHOL AND DRUGS. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

B1: SMOKING

The next set of questions is about cigarettes (including roll-ups).

B1a. Have you ever smoked a cigarette?
Yes \square_1 No $\square_2 \longrightarrow$ go to B2
B1b. How old were you when you first smoked a cigarette?years
B1c. Which of the following best describes you? Only ever tried smoking once or twice Used to smoke but not now Smoke occasionally Smoke daily Don't smoke 1 <t< td=""></t<>
B1e. Have you ever tried to give up cigarettes but found that you couldn't?
Yes1 No2
B2. Have you ever tried an e-cigarette or "vaping"? Yes
B3. Compared to cigarettes, do you think that e-cigarettes (or vapes) are:
More harmful Equally harmful Less harmful Don't know/Not Sure 1 1 1 1
B2: ALCOHOL
The next questions are about drinking alcohol (this includes beer, wine, alcopops, cider and spirit drinks like vodka).
B4. Have you ever consumed alcohol?
Yes
B5. How old were you when you had your first full drink of alcohol – more than a few sips? years
B6a. How often do you have a drink containing alcohol?
Monthly 2 - 4 times 2 - 3 times 4+ times
or less per month per week per week \Box_1 \Box_2 \Box_3 \Box_4
B6b. How many units of alcohol do you have on a typical day when you are drinking? (Please use the separate
DRINKOGRAM sheet to help you.)
1 or 2 3 or 4 5 or 6 7, 8 or 9 10 or more

B6c. How often have you had 6 or more units if	Never	Less than monthly		Weekly	Daily or almost daily
female, or 8 or more if male, on a single occasion in the last year? B6d. How often during the last year have you	0	1		3	4
found that you were not able to stop drinking once you had started? B6e. How often during the last year have you	0	 1		3	4
failed to do what was normally expected from you because of your drinking? B6f. How often during the last year have you needed an alcoholic drink in the morning to	0	1	_ 2	3	4
needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?B6g. How often during the last year have you had a feeling of guilt or remorse after drinking?B6h. How often during the last year have you been unable to remember what happened	0	1		3	4
	0	1	2	3	4
the night before because you had been drinking?	0	1	D2		4 during
		No	Yes, but not i the last year		, during last year
B6i. Have you or somebody else been injured as a result of your drinking?B6j. Has a relative or friend, doctor or other	0				4
health worker been concerned about your drinking or suggested that you cut down?	0		2		4
SECT The next set of questions is about drugs.	ION B	3: DRUGS			
B7a. Have you ever tried cannabis (also called mar					

B7a. Have you ever tried cannabis (also called marijuana, hash, dope, pot, skunk, puff, grass, draw, ganja, spliff joints, smoke, weed)?

Yes	🗋 No	$\Box_2 \longrightarrow \text{go to B8}$	Prefer not to say	
B7b. Which statement de Only ever tried cannabis once or twice □1	Used to take cannabis but not now	Take cannabis occasionally □₃	Take cannabis more than once a week □₄	Don't take cannabis ⊡₅

B8. Have you ever tried inhaling or sniffing aerosols / gas (lighter refills) / glue / solvents? and if yes, have you done it more or less than 5 times in the last year? [TICK ONE BOX ONLY]

No Yes, less Yes, more than 5 times than 5 times \Box_1 \Box_2 \Box_3

B9. Have you tried, taken or use	, ,	0,						
			Υe	s n	Г	No		
B10. If yes, which of the followir		n in the last year	2 (Tials and have	∐1 Ŀ		2		
BIO. If yes, which of the following	ig have you take	en in the last year	•	n eac 0		s, less	Yes, r	moro
			IN	0		5, iess		
a. Amphetamines (also called spe	ad uppers whizz	, sulphata hilly cr	vetal meth)	Π.				
b. Poppers (also called amyl nitrat								
c. Ecstasy (also called 'E' pills, MD	es, πασία goia, ru ΜΔ)	511)			·····[<u></u> 2		
d. LSD (also called acid, tabs, trips	a dote)				Г	2 		
e. Magic mushrooms (also called s	s, uois)				[Г	$-\frac{1}{2}$		
f. Spanglers (also called spangs) .	511001137				Г	2 		
g. Cocaine (also called Charlie, 'C	coke)				[Г	$-\frac{1}{2}$		
h. Crack (also called rock, stone)	, ooko)			\exists	[
i. Heroin (also called brown, smac	k dear junk 'H')			\exists	[
j. Ketamine (also called Green, K,	special K super	K vitamin K)		H_{1}	Г			
k. Steroids (not prescribed by a do	opeolarit, super			\exists	[
I. Zimovane (Zimos)								
m. Benzodiazepines (Benzos) (no	t prescribed by a	doctor)		Η	г			
n. ADHD medication (Ritalin) (not	prescribed by a d	loctor)		Η				
o. Pain killers (for "recreational" us	e not for pain)			Η.	Г	<u> </u>		
p. Other								
								,
B11. Have you ever used any ot		-	edical purpose	es, to	or "recr	eational	'use?	
Yes	No	2						
<u>Section C</u> : This section contains issues in this area you could us interviewer you would like some	se the phone nu	Imbers on the ca	d given to yo	u by	the in	terviewe	r or just	tell the
			ou to our you		100400			, you
C1. Have you ever been or will y	ou be taught Re	elationships and S	exuality Educ	atio	า (RSE)	in seco	ndary scl	nool?
Yes, already Yes	, in future	No □_₃	Don'i	t kno	W	Prefe	r not to sa □₅	ау
Yes, already Yes	2	3	Γ	4			r not to sa ⊡₅	ay
	2	Danship issues witl	Γ] ₄ s) / g	juardia		r not to sa □_₅	ау
C2a. Have you ever discussed s	ex and/or relation	Danship issues witl	y our parent(e Prefer not to say]₄ s) / g ⁄	juardiai □₃	n(s)?	5	ay
C2a. Have you ever discussed s Yes	D₂ ex and/or relation No get MOST of you	onship issues witl 	your parent(s Prefer not to sag]₄ s) / g ⁄ or re	uardian □3 elations	n(s)? hip issu	⊡₅ es?	_
☐ı C2a. Have you ever discussed s Yes ☐ı C2b. Where would you say you g	D₂ ex and/or relation No get MOST of you	Danship issues witl	n your parent(Prefer not to say advice on sex □₅ Doc]4 s) / g / or re tor /	juardiai ⊡₃ elations Nurse	n(s)? Ship issue	₅ es?	9
C2a. Have you ever discussed s Yes		onship issues witl 	n your parent(Prefer not to say advice on sex □₅ Doc]4 s) / g / or re tor /	juardiai ⊡₃ elations Nurse	n(s)? Ship issue	⊡₅ es?	9
Image: C2a. Have you ever discussed s Yes Yes C2b. Where would you say you s [TICK ONE BOX ONLY] Nowhere Nowhere 2	arriends	onship issues witl ⊡₂ F ur information or a	n your parent(s Prefer not to say advice on sex □₅ Doc □6 Othe]4 s) / g / or re tor /	uardian ⊡₃ elations Nurse	n(s)? Ship issue	₅ es?	9
Image: C2a. Have you ever discussed s Yes Yes C2b. Where would you say you s [TICK ONE BOX ONLY] Nowhere Mum 2 Dad	arriends Internet here	□3 onship issues with 	n your parent(s Prefer not to say advice on sex <]4 s) / g or re tor / er 't kno	uardian] alations Nurse ow	n(s)? hip issu	■5 es?	_9 _10 _11
Image: C2a. Have you ever discussed s Yes Yes C2b. Where would you say you s [TICK ONE BOX ONLY] Nowhere Nowhere 2	arriends Internet here	□₃ onship issues witl 	n your parent(s Prefer not to say advice on sex <]4 s) / g or re tor / er 't kno	uardian] alations Nurse ow	n(s)? hip issu	₅ es?	_9 _10 _11
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□1 C2a. Have you ever discussed s Yes Yes C2b. Where would you say you [TICK ONE BOX ONLY] Nowhere Nowhere Dad Jad Other family members 4 Routed for girls and only asked C3a. Girls can start their periods Yes C3b. What age were you when y	ex and/or relation No get MOST of you Friends Teacher Internet hea Books / Ma of those who ha s at different age No	onship issues with onship issues with	refer not to say advice on sex □₅ Doc □₅ Doc □₅ Othe □7 Don s. □8 Pref 3 ed your perioo]₃ Don't know years]₄ s) / g v or re tor / er ''t kno er no ''t kno er no	uardian lations Nurse owow ot to say et? □_4 Pr nths [n(s)? hip issue , 	■s? ••••••••••••••••••••••••••••••••••••	_9 _10 _11 _12 5 88
C2a. Have you ever discussed s Yes	ex and/or relation No get MOST of you Friends Teacher Internet hea Books / Ma of those who ha s at different age No	onship issues with onship issues with	n your parent(s Prefer not to say advice on sex advice on sex 5 5 6 Othe 7 8 Pref 3 ed your period 3 3 Don't know years]4 s) / g / or re tor / tor / er nc '' kno er nc '' kno er nc '' kno er nc '' kno tor / i' kno er nc	uardian lations Nurse owow ot to say et? □_4 Pr nths [BEHAV	n(s)? hip issue efer not t Don't kno /IOUR. If	es?]9]10]11]12
□1 C2a. Have you ever discussed s Yes □1 C2b. Where would you say you g (TICK ONE BOX ONLY] Nowhere □1 Mum □2 Dad □3 Other family members □4 Routed for girls and only asked C3a. Girls can start their periods Yes □1 C3b. What age were you when y Section D: The next set of quest to talk with someone about any	ex and/or relation No get MOST of you Friends Teacher Internet he Books / Ma of those who ha a at different age No	onship issues with onship issues with	n your parent(s Prefer not to say advice on sex advice on sex 5 6 6 6 7 <t< td=""><td>→ → → → → → → → →</td><td>uardian lations Nurse owov ot to say et? □_4 Pr nths [BEHAV ers on f</td><td>n(s)? ship issue efer not tr Don't kno 'IOUR. If the card</td><td>es?</td><td>]9]10]11]12]5 </td></t<>	→ → → → → → → → →	uardian lations Nurse owov ot to say et? □_4 Pr nths [BEHAV ers on f	n(s)? ship issue efer not tr Don't kno 'IOUR. If the card	es?]9]10]11]12]5
C2a. Have you ever discussed s Yes	ex and/or relation No get MOST of you Friends Teacher Internet hea Books / Ma of those who ha s at different age No	onship issues with onship issues with	n your parent(s Prefer not to say advice on sex advice on sex 5 6 6 6 7 <t< td=""><td>→ → → → → → → → →</td><td>uardian lations Nurse owov ot to say et? □_4 Pr nths [BEHAV ers on f</td><td>n(s)? ship issue efer not tr Don't kno 'IOUR. If the card</td><td>es?</td><td>]9]10]11]12]5 </td></t<>	→ → → → → → → → →	uardian lations Nurse owov ot to say et? □_4 Pr nths [BEHAV ers on f	n(s)? ship issue efer not tr Don't kno 'IOUR. If the card	es?]9]10]11]12]5
C2a. Have you ever discussed s Yes	ex and/or relation No get MOST of you Friends Teacher Internet he Books / Ma of those who ha s at different age No	onship issues with onship issues with	advice on sex advice on sex 5 Doc 6 Othe 7 Don 58 Pref 3 ed your period 3 Don't know years Y AND INTIMA the phone nume ne who is exp]₄ s) / g s) / g or re tor / er tor / ds ye ds ye mor \LE umbe eriel	elations Nurse burse burse but to say et? Compared and BEHAV ars on to need in	efer not tr Don't know (IOUR. If the card of this are	es?]9]10]11]12]5]5]5]5]12]12]12]10]11]12]10]11]12]10]11]12]10]11]12]10]11]12]10]11]12]10]11]12]10]11]12]10]11]12]11]12]12]12]12]12]12]12]12]12]12]12]12]12]12]12]12
C2a. Have you ever discussed s Yes	ex and/or relation No get MOST of you Friends Teacher Internet her Books / Ma of those who ha s at different age No	onship issues with onship issues with	advice on sex advice on sex 5 Doc 6 Othe 7 Don 58 Pref 3 ed your period 3 Don't know years Y AND INTIMA the phone number of the phone numb	→ 4 s) / g y y or re tor / er 't kno er no ds ye mor XTE umbe erie r you	Plations Nurse burse of to say	n(s)? ship issue efer not t Don't knov TIOUR. If the card this are k openly	■s es? ••••••••••••••••••••••••••••••••••]9]10]11]12 5 88 uld like you by you to you to x with
□1 C2a. Have you ever discussed s Yes □1 C2b. Where would you say you s [TICK ONE BOX ONLY] Nowhere □1 Mum □2 Dad □3 Other family members □4 Routed for girls and only asked C3a. Girls can start their periods Yes Yes □1 C3b. What age were you when y Section D: The next set of quest to talk with someone about any the interviewer or just tell the in discuss these matters with you. D1a. Thinking first about your metal	ex and/or relation No get MOST of you Friends Teacher Internet her Books / Ma of those who ha s at different age No	atth websites	advice on sex advice on sex 5 Doc 6 Othe 7 Don 58 Pref 3 ed your period 3 Don't know years Y AND INTIMA the phone nume ne who is exp	→ 4 s) / g y y or re tor / er 't kno er no ds ye mor XTE umbe erie r you	elations Nurse burse burse but to say et? Compared and BEHAV ars on to need in	n(s)? ship issue efer not t Don't knov TIOUR. If the card this are k openly	es?]9]10]11]12 5 88 uld like you by you to you to x with

D1b. Now the him?	hinking about	your fath	er, how easy c	or difficult do	you think i	it is for yo	ou to tall	k openly	about sex with
Very easy □₁	Quite easy	Neither □₃	Quite difficult	Very difficult □₅	Never ca	ame up] ₆	Not App	licable	Prefer not to say
D2. How would you describe your sexual orientation? [TICK ONE BOX] Heterosexual/straight (sexually attracted to the opposite sex) Gay or Lesbian (attracted to the same sex) Bisexual (attracted to both men and women) Questioning/ Not sure Asexual (not attracted to either sex) Don't know 6 Prefer not to say									
D3. Would	you describe	yourself a	as: Male	F	emale] ₂ Other] ₃ F	Prefer not	to say□₄
D4. Would	you describe	yourself a	ns transgender	? Ye	S	No[2 F	Prefer not	to say⊡₃
D5a. Do yo	u currently ha	ive a boyf	riend?	Ye	s□1	No[<u>_</u> 2 F	Prefer not	to say \square_3
D5b. Do yo	u currently ha	ave a girlf	riend?	Ye	s	No[F	Prefer not	to say 🗔
D6. In total, including your current boyfriend or girlfriend (if relevant), how many girlfriends/boyfriends have you had during the last year?									

None 🔲 0	1 🔲 1	22	3	4+	Prefer not to say

We are now going to ask about some more INTIMATE BEHAVIOURS. We are referring only to things which happened with your consent, with someone around your age (and not with someone you are related to). If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

D7a. D7b.							
D7c. D7d.							
If D7c and D7d are	both 'No' – please go	to Questic	on D8, otherwise plea	se continue			
D7e. D7f.							
If D7e and D7f are b	ooth 'No' – please go	to Questio	n D8, otherwise pleas	se continue			
D7g. D7h.							
lf D7g and D7h are D7i.	both 'No' – please go	o to Questic	on D8, otherwise plea	se continue			
D7j. D7k.				$\square 1 \dots \square 2 \dots$ $\square 1 \dots \square 2 \dots$ $\square 1 \dots \square 2 \dots$ $\square 2 \dots$			
		chool mate	es, peers to have sex'				
Yes, a little □₁	Yes, a lot □₂		No □₃	Don't know □₄	Prefer not to say □₅		
D9. Were you ever afraid of losing a boyfriend/girlfriend by not having sex?							
Yes	🔲 1 No	2	Prefer not to say				
D10. Would you say	y most of your friend	s have had	sex?				
None	Some	Most ∏₃	All	Don't know □₄	Prefer not to say □₅		

D2: SEXUAL INTERCOURSE

The next questions are this area you could use you would like someone	the phone numbe	rs on the card given t	o you by the intervi	ewer or just te	ell the interviewer
[Routed on D7k] I would D11. Was that person w				sex or the sam	e sex?
Opposite sex	(1	Same sex	Prefer not to sa	ay[3
D12. Which of the follow first sexual intercourse	-	s the relationship bet	ween you and the o	other person a	t the time you had
You knew each other You had a steady rela You were living togeth You were engaged to You were married	, but didn't have a s ationship at the time her (but not married be married	know each other teady relationship at th or engaged)	ie time	5	
D13. Still thinking of t contraception, including	g withdrawal and/o	or emergency contrac		your partner	use any forms of
		aception used by me, know about partner	Not applicable	Don't know □₅	Prefer not to say
That you should not h That it was about the Not sure Prefer not to say	ed longer before ha ave waited so long right time	aving sex with anyone .] 2 3 4 5	
D15. Are you still in an i Yes		ip with the person with the p			rcourse?
D16. With how many dif 1 person 2 people 3 people		tal have you had sex 4 people 5 people 6 or more	D₄ Don't ł D₅ Prefer	know not to say	
Yes, on most of Yes, roughly h Yes, on some No, never Not currently s Not applicable Don't know	occasion occasions (3/4 of th alf the time occasions (1/4 of th exually active	e time)		ırse?	
Always Sometimes \Box_1	Never / Nardly ever	Not currently sexually active		Don't know □_₅	Prefer not to say

D19. In general, whose decision is it to use contraception always/sometimes/never? Is it mainly your decision, the other person's decision or a joint decision?

My decision	1
Other person's decision	2
Joint decision	3
It varies	
Not currently sexually active	5
Not applicable	
Don't know	
Prefer not to say	

D20. Have you ever had a sexually transmitted disease?

Never	
More than once $\overline{\Box_3}$	
Don't know	
Prefer not to say	
	'

This section contains questions on PREGNANCY. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

E1. Do you	have any	children?
	Vaa	

Yes	No2	Prefer not to say \dots
Ask if female E2. Are you currently pregnant? Yes	No E3. Have you ever bee Yes	

Section F: This section contains questions on your PHYSICAL HEALTH. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

F1. If you feel you need to get medical advice from a health care professional, can you easily do this?

Y	es	No	
F2. If no, why is this? [TICK A	LL THAT APPLY]		
a. Cost to self			
b. Cost to parents			
c. Concerned about confidenti	ality		
d. Unsure of where to go			
e. Difficulty in making contact			
f. Difficulty in getting an appoir	ntment		
g. Difficulty in travelling to a cl	inic/appointment		
h. Too embarrassed			
i. Other			

F3. How would you describe yourself? [TICK ONE BOX ONLY]

Very skinny	
A bit skinny	
Just the right size \Box_3	
A bit overweight	
Very overweight	

F4a.	Have yo	u ever e	xerci	sed t	o los	e weigł	nt or	to a	void	gain	ing
weig	ght?										
	·					-					

F4b. Have you ever eaten I	less food	l, fewer ca	lories,	or fo	ods	low i	n
fat to lose weight or to avo	oid gainir	ng weight?	?				

F4c. Have you ever exercised to 'bulk up' or maintain muscle mass? F5a. Are you satisfied with your eating patterns?

Yes		1
-----	--	---

No

2

Yes, currently	Yes, in the past	No
1	2	<u></u> 3
1	2	<u>_</u> 3

F5b. Do you ever eat in secret? Yes
F5c. Does your weight affect the way you feel about yourself?
Yes
F5d. Have any members of your family suffered with an eating disorder?
Yes
F5e. Do you currently suffer with or have you ever suffered in the past with an eating disorder?
Yes 1 No

<u>Section G</u>: This section contains questions on HOW YOU FEEL ABOUT YOURSELF, YOUR SELF-ESTEEM and so on. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

G1. Below is a list of statements dealing with your general feelings about yourself. Please indicate how much you agree with each statement.

		Strongly	Agree	Disagree	Strongly
		Agree	-	-	Disagree
a.	On the whole, I am satisfied with myself		2		
b.	At times, I think I am no good at all		2		
c.	I am able to do things as well as most other people		2		
d.	I certainly feel useless at times		2		
e.	All in all, I am inclined to feel that I am a failure		2		
f.	I take a positive attitude towards myself				

G2. Below is a list of statements dealing with your general feelings about yourself. Please indicate how much you think each statement is like you.

		Not at	A little	Some-	Mostly	Very
		all like	like me	what like	like me	much
		me		me		like me
a.	I have a hard time breaking bad habits					
b.	I get distracted easily					
C.	I say inappropriate things					
d.	I refuse things that are bad for me, even if they are fun					
e.	I'm good at resisting temptation					
f.	People would say that I have very strong self-discipline					5
g.	Pleasure and fun sometimes keep me from getting work do	ne 🗌 1				5
h.	I do things that feel good in the moment but regret later on					
i.	Sometimes I can't stop myself from doing something, even	if				
	I know it is wrong					
j.	I often act without thinking through all the alternatives					

G3. Please indicate how much you agree with each of the following statements.

а.	
	<u>1</u>
b.	<u></u> 1 <u>_</u> 2 <u></u> 3
С.	
d.	<u></u> 1 <u>_</u> 2 <u></u> 3
е.	<u></u> 1 <u>_</u> 2 <u></u> 3
f.	<u></u> 1 <u>_</u> 2 <u></u> 3
g.	<u></u> 1 <u>_</u> 2 <u></u> 3
h.	<u></u> 1 <u>_</u> 2 <u></u> 3

a.								<u> </u>	2.		34
b.								. 🗌 1			34
C.								🗌 1	2.		3
d.								□ 1			3
e.								î			
f.								 □1		Г	
		or ovnoric	ancod any	of the fol	lowing si	nco wo la	et eaw vo	u when v			L THAT APPLY]:
65. na a.								u when y			L INAI AFFLIJ.
b.		•			han a pare						
С.											
d.											
e.											
f.					family						
g.	Mental di	sorder in ir	nmediate f	amily			7				
h.	Conflict b	etween pa	rents				🗖 🛛 🖉				
i.	Parent in	prison					🔲 9				
j.	Sibling in	prison					🗌 10				
k.	Violence	(not involv	ing a famil	y member	·)		🗌 11				
Ι.	Violence	(family)									
m.	New pare	ental figure					🗌 13				
n.	Been sus	pended fro	om school								
о.	Been exp	elled from	school								
р.	Lost best	friend thro	ough move								
q.	Breakup	with best fi	riend								
r.	Breakup	with girl/bo	yfriend								
s.		-	•								
t.											
u.			•								
G6 If v	nu were ta	o describe	how sati	sfied vou	are with y	our own	life in der	heral how	would v	ou rate it	on a scale of 0
											are extremely
	d with yo				···· ,	,	J	,		,	,
0		1	2	3	4	5	6	7	8	9	10.
Extre	•										Extremely
unsati	isfied	_		_	_			_		_	satisfied
	lo	1	2	3	4	5	6	7	8	 9	10
Section	<u>H</u> : This so	ection con	tains ques	tions on `	YOUR FAN	IILY AND	HOW YOU	J GET ON	WITH TH	EM. If yo	u would like to

5 talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

H1. Are you in regular contact with your mother (or mother figure)? Yes

a. b. c. d. e. f. g. h.

•••	_ 1	No

H2. If yes, please answer the following questions about how often the following things happen with your mot	ther
(or mother figure):	

<u></u> 1 <u>_</u> 2 <u>_</u> 3 <u>_</u> 4	
<u></u> 1 <u>_</u> 2 <u>_</u> 3 <u>_</u> 4	
<u></u> 1 <u>_</u> 2 <u>_</u> 3 <u>_</u> 4	
<u></u> 1 <u>_</u> 2 <u>_</u> 3 <u>_</u> 4	
<u></u> 1 <u>_</u> 2 <u>_</u> 3 <u>_</u> 4	
<u>1</u> <u>1</u>	

H3. And how well do the following statements describe your relationship with her?							
a. $\dots \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \$							
H4. Which of the following best describes your relationship with the person you have just answered in regard to your mother (or mother figure)? Biological or adoptive mother who lives here							
H5. Are you in regular contact with your father (or father figure)? Yes							
H6. If yes, please answer the following questions about how often the following things happen with your father (or father figure):							
a. $1 \dots 2 \dots 3 \dots 4 \dots 5$ b. $1 \dots 2 \dots 3 \dots 4 \dots 5$ c. $1 \dots 2 \dots 3 \dots 4 \dots 5$ d. $2 \dots 3 \dots 4 \dots 5$ e. $1 \dots 2 \dots 3 \dots 4 \dots 5$ f. $2 \dots 3 \dots 4 \dots 5$ g. $1 \dots 2 \dots 3 \dots 4 \dots 5$ h. $1 \dots 2 \dots 3 \dots 4 \dots 5$ i. $2 \dots 3 \dots 4 \dots 5$							
H7. And how well do the following statements describe your relationship with him?							
a. $1 \dots 1 \dots 2 \dots 3 \dots 4 \dots 5$ b. $1 \dots 2 \dots 3 \dots 4 \dots 5$ c. $1 \dots 2 \dots 2 \dots 3 \dots 4 \dots 5$							
H8. Which of the following best describes your relationship with the person you have just answered in regard to your father (or father figure)? Biological or adoptive father who lives here							
H9. Is there an adult (or adults) in your life you can usually turn to for help and advice? Yes							
H10a. Do you have a sister? Yes							
H10b. Do you have a brother? Yes							
H10c. Overall, how often do you get on well with your brothers and sisters? [TICK ONE BOX ONLY] Always							

H11. All families have their ups-and-downs. Thinking of a scale from 1 to 10, on average how well would you say that the members of your household get on? '1' means you don't get on at all and '10' means you get on very well. 1 2 3 4 5 6 7 8 9 10. We don't get on at all We get on very well

6

7

<u>10</u>

H12. The following questions refer to the rules and limits your parents may place on your activities. [TICK ONE BOX ONLY]

4

1

 \square_2

	never or very times always applicable never often or / don't do
	always it Do you need your parents' permission before going out on week nights? \square_1 \square_2 \square_3 \square_4 \square_5 \square_6
b.	If you go out on a Saturday evening, do you have to inform your parents
	beforehand about who you will be with and where you will be going? \dots \square_1 \dots \square_2 \dots \square_3 \dots \square_4 \dots \square_5 \dots \square_6
c.	If you have been out very late one night, do your parents make you
	explain why and tell them who you were with? $\Box_1 \ldots \Box_2 \ldots \Box_3 \ldots \Box_4 \ldots \Box_5 \ldots \Box_6$
d.	Do your parents demand to know where you are in the evenings, who
	you are going to be with, and what you are going to be doing? \ldots
e.	Do you have to ask your parents before you can make plans with
	friends about what you will do on a Saturday night? \Box_1 \Box_2 \Box_3 \Box_4 \Box_5 \Box_6
f.	Do your parents make you tell them how you spend your money? $\Box_1 \ldots \Box_2 \ldots \Box_3 \ldots \Box_4 \ldots \Box_5 \ldots \Box_6$

H13. Do you care for or look after another family member on a regular basis? By 'caring' I mean things like cooking for them, helping them wash or dress, making sure they take medication, supervising them when there is no-one else at home

e^{1}	
H14. If yes, how is this person related to you?	
Care for them	?
Yes No	
 a. Grandparent or other elderly relative	If yes, go to H8c
H15. * <i>If yes to 'younger sibling', also ask</i> : Would you descril sitting' or something more than this (e.g. 'child care' in pl a medical condition)?	ace of someone like a childminder or helping them with
Baby-sitting□₁	Additional care, not just baby-sitting

<u>Section J</u>: This section contains questions on HOW YOU FEEL EMOTIONALLY, YOUR MENTAL OR EMOTIONAL HEALTH. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

J1. The next set of questions are about how you have been feeling recently. For each question, please tick how much you have felt or acted this way in the past two weeks. If a sentence was true about you most of the time, tick TRUE. If it was only sometimes true, check SOMETIMES. If a sentence was not true about you, check NOT TRUE.

		True	e Sometimes Not true
a.	I felt miserable or unhappy		h
b.	I didn't enjoy anything at all		
c.	I felt so tired I just sat around and did nothing		1
d.	I was very restless		1
e.	I felt I was no good any more		1
f.	I cried a lot		1
g.	I found it hard to think properly or concentrate		1
h.	I hated myself		1
i.	I was a bad person		1
j.	I felt lonely		1
k.	I thought nobody really loved me		1
١.	I thought I could never be as good as other kids		1
m.	I did everything wrong		1

J2. Please read each statement and tick the box which indicates how much the statement applied to you over the past week. There are no right or wrong answers. Do not spend too much time on any statement.

past week. There are no right or wrong an	swers. Do	•	•	
	Did not	Applied to me to	Applied to me to a	Applied to me
	apply to	some degree, or	considerable degree, or	very much, or
	me at all	some of the time	a good part of time	most of the time
a. I was aware of dryness of my mouth	1	2	3	4
b. I experienced breathing difficulty (eg,				
excessively rapid breathing,		\square_2	3	4
breathlessness in the absence of	L1	L2	L3	L4
physical exertion)				
c. I experienced trembling (eg, in the				
hands)	1	2	3	4
d. I was worried about situations in which I				
might panic and make a fool of myself	1	2	3	4
e. I felt I was close to panic				4
f. I was aware of the action of my heart in				
the absence of physical exertion (eg,	_	_		_
sense of heart rate increase, heart	1	2	3	4
missing a beat)				
g. I felt scared without any good reason		2	3	4
J3. Can I ask:				
JJ. Gall I ask.		No	never Maybe Yes,	
		INO,	definitely	,
a. Have you ever heard voices or sounds that	no-one else	e can hear?		
b. Have you ever seen things that other peop				
c. Have you ever thought that people are follo				
d. Some people believe that their thoughts ca				
Have other people ever read your mind?				
e. Have you ever felt that you were under the				
f. Have you ever felt that you have extra-spec				
	-			
J4. Have you ever been diagnosed with de	pression o	r anxiety by a docto	or/ psychologist/ psychiat	rist?
Yes 1 No	2			
J5. What were you diagnosed with?				
Depression 1 Anxiety	Depressi	on and anxiety	3	
J6. Are you currently or have you ever rec	eived any t	reatment?		

<u>Section K</u>: This section contains questions on SELF HARM. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

Life has many ups and downs. Sometimes people may feel very upset at times and may want to self-harm. We know this is a sensitive subject, but it is important to ask about it. By finding out about self-harm we may be able to find ways of helping people.

K1. Have you ever hurt yourself on purpose in any way?

	Yes	. 🗖 🛛 🖍	No	Prefer not to say	/ 🗔			
K2. How r	K2. How many times have you done this in the last year? Please tick one box only.							
None	Once	2-5 times	6-10 times	More than 10 times	Don't know	Prefer not to say		
О		2	3	4	5			
K3. What	K3. What form did this self-harm take on the last time you hurt yourself on purpose [tick all that apply]?							
a	a. Pills/poison			d. Burning				
t	o. Cutting			e. Other				
	c. Banging/hitting	/bruising		f. Prefer not to say				

<u>Section L</u>: This section contains questions on BULLYING–BOTH AS A VICTIM AND A PERPETRATOR. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

L1. Did any of the following	happen to you in the last 3 i	months? [TICK ALL THAT APPLY	7]		
a. Physical bullying		e. Taking / damaging person	al possessions \Box_5		
b. Verbal bullying (name-calling, hurtful slagging) \Box_2 f. Exclusion (being left out)					
c. Electronic bullying		g. Gossip, spreading rumour	s		
(phone messaging, emails, F	acebook, etc)	h. Threatened / forced to do	things you didn't want to do \square_8		
d. Graffiti / pinning up notes	^{\prime} passing notes in class \Box_4	i. Other			
L2. [If yes to any of K1]How	often would this/these have	occurred?			
Daily	Weekly	Monthly	Rarely		
	2				
L3. Over the last 3 months,	have you ever done any of t	he following to anyone? [TICI	K ALL THAT APPLY]		
			al possessions		
b. Verbal bullying (name-calli	ng, hurtful slagging) \Box_2	f. Exclusion (being left out)			
c. Electronic bullying		g. Gossip, spreading rumour	s		

L4. Please rate how often you do each of the following by ticking the box that is closest to how you feel *When I have difficulties or problems.....*

a.			1		2	3		4[5.	[_ (6
b.			1		2	3		4[5.	[_ (6
c.			1		2	3		4[5.	[\square_{ℓ}	6
d.		. —	1		2	3		<u>ا</u> ً آ	5.	أ	\square	6
e.			1		2	3		<u>ا</u> ً… آ	<u></u> 5.	أ	\square	6
f.			1		2	3		<u>ا</u> … ا	5.	أ	\square	6
g.			1		- 2	3		اير ا	<u> </u>		Ē,	6
ĥ.			1		- 2	3		اًآ	<u> </u>	İ	٦,	6
i.			1		- 2	° 3	F	آ	<u>_</u> 5.	أ	٦,	6
i.			1		- 2	о з		ĹĪ	– ₅ .		٦	6
, k.			1	F	2	о з	F	ĨĪ		İ	E,	ر م
Ι.			1		2	3 3		l l		İ	Ē	ר פ
m.			1		2	o	H	[]			Ħ	ر م
n.			4	F	2	ວ · · · · · · · · · · · · · · · · · · ·	H	Ĺ ľ	5.	I	٢	ר ה
0.				⊢	2	ວ ·····	H	Ĺ	 	I	۲	с С
-	hen I have difficulties or problems I can usually talk about tl	her	n to:	L	2	3		4 ••••[p•	····· [З
201 11												
	Yes No Not Applicable											
а.	My mother \square_1 \square_2 \square_3											
b.	My father \square_1 \square_2											

c. Another adult..... \square_1 \square_2 \square_3

<u>Section M</u>: This section contains questions on ANTI-SOCIAL BEHAVIOUR (SOME OF WHICH MAY BE ILLEGAL) AND TROUBLE YOU MAY HAVE BEEN IN WITH THE GARDAI. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

M1. How often in the last year have you done any of the following? [TICK ONE BOX ON EACH LINE]

	1	Vever	Once	2-5	6 or
				times	more
					times
a.	Taken something from a shop or store without paying for it				
b.	Not paid the correct fare on a bus or train				
c.	Behaved badly in public so that people complained and you got into trouble				
d.	Stolen or ridden in a stolen car or a van or on a stolen motorbike			3	
e.	Taken money or something else that did not belong to you from school				🗌 4
f.	Carried a knife or weapon with you in case it was needed in a fight				

Never	Once	2-5	6 or
		times	more

more	
times	

	time
g. Deliberately damaged or destroyed property that did not belong to you (e.g.,	
windows, cars, streetlights)	
h. Broken into a house or building to steal something	
i. Written things or sprayed paint on things that do not belong to you (for example,	
a phone box, car, building, bus shelter) j. Used force, threats or a weapon to get money or something else from somebody.	
 k. Taken money or something else that did not belong to you from your home 	
without permission I. Broken into a car or van to steal something from it	······································
m. Deliberately set fire or tried to set fire to someone's property or a building (e.g.	······
school or shed)	
school or shed) n. Hit, kicked or punched someone on purpose in order to hurt or injure them	
o. Been involved in a serious physical fight where someone got badly hurt or	
needed to see a doctor	
p. Truanted from school	
q. Purposely hurt or injured a bird or an animal	
M2. Have you ever been in trouble with the Gardai (excluding minor traffic offer	nces)?
Yes	
M3. Have you ever been cautioned by the Gardai?	Yes
M4. Have you ever participated in a Garda Juvenile/ Youth Diversion Project?	Yes
M5a. Have you ever appeared in court (not as a witness)?	Yes
M5b. Have you ever been found guilty in court for something you did?	Yes
M6. How many of your regular friends do or have ever done the following:	
None A few	Some Most All
a. Smoked cigarettes \square_2	
b. Got drunk $\overline{1}_{1}$ $\overline{1}_{2}$	
c. Been in trouble with the police	

d. Used cannabis \square_1 \square_2 \square_3 \square_4 \square_5

<u>Section N:</u> This section contains questions on YOUR LEISURE ACTIVITIES AND INTERNET USE. If you would like to talk with someone about any issues in this area you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you. Now we would like to ask you about how you like to spend your free time.

N1. How much time do you spend on each of the following activities on a typical day (where it is your main activity at the time)? For each, please answer separately for weekdays and weekend days.

	None	Less than hour	1 up to 2 hours	2 up to 3 hours	More than 3 hours	Difficult to say but at least some time everyday
 a. Online [WEEKDAY] b. Online [WEEKEND DAY] c. Watching television/films [WEEKDAY] d. Watching television/films [WEEKEND DAY] e. Playing video/computer games [WEEKDAY] f. Playing video/computer games [WEEKEND DAY] 		$ \begin{bmatrix} 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ $				

N2. How often would you say you 'multi-screen'? That is, use or watch more than one device at a time such as using a smartphone while watching television. (TICK ONE ANSWER).

Several times a day	Once a day	Several times a week,	Once a week or less often	Never
		but not every day		
	\square_2	\square_3	4	5

[If at least some time spent on internet in M1]. We would like to ask you some more questions about how you use the internet.

N3. When you use the internet, what do you use it for? [TICK ALL THAT APPLY]

a.	Social Media (e.g. Facebook, Twitter, etc.)
b.	Downloading or listening to music
c.	Watching videos/television/films (e.g. Youtube, Netflix)
d.	Playing games, either on your own or with others
e.	Virtual casinos
f.	News updates (including entertainment or sports news)
g.	Messaging/calling friends or family (e.g. Whatsapp, Skype, email)
h.	Sharing photos or videos (e.g. Instagram, SnapChat, Vine)
i.	Dating apps
j.	Shopping online
k.	Selling stuff online or running your own web-based business
I.	Writing or following blogs
m.	For school or college work
n.	Advice on health, relationship or other issues you are concerned about
0.	Filling out online application forms for the CAO, jobs, etc
p.	Searching for information generally (e.g. 'Googling' something)
q.	Something else

N4. In the PAST 12 MONTHS how often have these things happened to you:

147		Never or almost never	Not very often	Very or fairly often
a.	Felt bothered when I cannot be on the internet	🗋 1		
b.	Caught myself surfing when I am not really interested	🗖1		
c.	Spent less time than I should with family, friends or doing course-work			
	because of the internet			
d.	Tried unsuccessfully to spend less time on the internet	🔲1		
e.	I have been annoyed or reluctant when a parent or other adult has aske	ed	_	_
	me to stop using the internet or playing a digital game	1	2	
f.	Gone without eating or sleeping because of the internet	🗋1	2	3

N5. Please indicate how much you agree with each of the following statements.

a.	
b	$\bigsqcup_1 \ldots \bigsqcup_2 \ldots \bigsqcup_3 \ldots \bigsqcup_4 \ldots \bigsqcup_5 \ldots \bigsqcup_6$
υ.	
с.	
d	
G.	
e.	$\square_1 \dots \square_2 \dots \square_3 \dots \dots \square_4 \dots \dots \square_5 \dots \dots \square_6$ $\square_1 \dots \dots \square_2 \dots \dots \square_3 \dots \dots \square_4 \dots \dots \square_5 \dots \dots \square_6$

The people responsible for *Growing Up in Ireland* would like to make it clear that a lot of the activities mentioned in this questionnaire are dangerous and undesirable and that some of them are illegal. Drinking alcohol, taking drugs, fighting and so on can cause damage, pain and injury for everyone involved. You may also have indicated that you are experiencing worries, anxiety or depression.

If you have answered yes to any of the activities or experiences we would ask you to reflect on the following:

- Could these activities cause you harm or put you at risk?
- Does your participation in these activities ever make you worried or upset? Have you ever spoken to anyone about being worried or upset about these activities?
- If you have indicated that you are worried, anxious or depressed have you spoken to someone about this?

If any of these issues apply to you it is important that you talk to someone. If you tell the interviewer at the end of

the interview they will put you in touch with someone who can talk to you about the issues in question. Alternatively, you can phone one of the Helplines on the list which will be provided.