PLEASE RETURN THIS COMPLETED TIMEUSE DIARY IN THE ENCLOSED PRE-PAID ENVELOPE TO THE ECONOMIC AND SOCIAL RESEARCH INSTITUTE (ESRI).

THE ASSISTANCE OF YOU AND YOUR FAMILY IN THE GROWING UP IN IRELAND PROJECT IS GREATLY APPRECIATED AND WILL HOPEFULLY ASSIST ALL CHILDREN IN IRELAND OVER THE COMING YEARS



GROWING UP IN IRELAND

Group Household C	ode Child Number
Child's date of birth:/	
Interviewer Name	Interviewer Number:
	TIME USE DIARY
STRICTLY CONFIDENTIAL	
As part of the <i>Growing Up in Ireland</i> projespend their time.	ct we would like to record details on how 9-year old children in Ireland
·	me-use diary with the Study Child as shown by the interviewer. Simply ild was doing for each quarter hour in the day. To do this draw an arrow what the Study Child was doing.
MAIN activity - for example if the child was	s in any given 15-minute time period we would like you to record their watching TV and also eating a snack and if you consider his/her main in record this in row 15 - Watching TV and Videos/DVDs rather than in
•	at all of the information provided will be treated in the strictest y which could be associated with your name or address.
	Date:
TO. Please record the day and date relate to:	of the Time-use Diary Day, i.e. the day the activities
Day:	Date:
T1. Was this:	DD/MM
A weekend day \square A day when som	nily celebration
T2. When did you fill in the diary? Pl	ease tick ($$) one box
Now and then during the diary day1 At the end of the diary day2	The day after the diary day3
	About how many days after?days
T3. Did you complete this questionna	ire with Study Child? Yes□ No□

																am																
Activity	00.00 am		1	01.	01.00 am		02.00 am 15 30 45		03.			04.00 am 15 30 45			05.00 am		06.00 am		am	07	7.00 am		08.00 am			09.00 am		10.00 am		1	1.00	am
	15	15 30 45		15 30 45		5			15 30 45		45				15 3	1	15 30 45			5 30	45	5 15 30 45			15 3	0 45	15 30 45			15 30 45		
1. SLEEPING								Ш								Ш											Ш				'	Ш
2. RESTING/RELAXING (doing nothing, 'time out')									Ш																							
3. PERSONAL CARE (washing, dressing, toilet)																		Ш														
4. EATING/DRINKING/HAVING A MEAL																																
5. TRAVELLING TO AND FROM SCHOOL																															'	
6. OTHER TRAVELLING (incl. leisure and domestic trips; dropping to games, matches etc)																																
7. AT SCHOOL																																
8. HOMEWORK																																
9. PHYSICAL PLAY/EXERCISE/SPORTS (playground, running, chasing, football, judo, ballet,dance)																																
10. PLAYING BOARD GAMES, CARDS etc.(card games, snakes & ladders, Monopoly, Trivial Pursuit etc)																																
11. GENERAL PLAY (with toys, dolls,cars etc;dressing up, 'playing house',imaginary or make believe games)																																
12. HOBBIES AND OTHER LEISURE ACTIVITIES (crafts, model making, painting, music practice etc.)																																
13. COMPUTER/INTERNET /PLAY STATION / X-BOX etc. (playing on computer, with computer games)																																
14. EMAIL/ SOCIAL MEDIA / MSN / TEXTING/ ON THE PHONE (contacting, messaging friends or others)																																
15. WATCHING TV AND VIDEOS/DVDS etc																																
16. READING BOOKS, COMICS, MAGAZINES ETC.																																
17. HOUSEHOLD CHORES / HOUSEWORK																																
18. VISITS TO A RELATIVE'S HOUSE FOR PURPOSES OTHER THAN PLAY																																
19. ON A FAMILY OUTING (a trip out as a family)					П	1								П											П							
20. ON A SHOPPING TRIP (shopping for groceries, clothes etc.)																																
21. RELIGIOUS ACTIVITY (attending religious services, prayer etc.)																																
22. NOT SURE																																

Activity	12.00 noon 15 30 45			•		02.00 pm 15 30 45		03.00 pm 15 30 45		04.00 pm 15 30 45		05.00 pm		06.00 pm 15 30 45		-	-		08.00 pm 15 30 45		09.00 pm 15 30 45		10.00 pm 15 30 45		.00 pm
1. SLEEPING																									
2. RESTING/RELAXING (doing nothing, 'time out')																									
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