## The Lives of 20-Year-Olds: Making the Transition to Adulthood (Cohort '98)



### Roles in the workplace

### 26% said 'work' was their main economic status

They were in roles classified as:

- ... 'unskilled' 43%
- ... 'non-manual' 36%
- ... 'skilled manual' 15%
- ... 'managerial/professional' 7%

Two-thirds of all 20-year-olds hoped to be in a managerial/technical (45%) or professional (22%) role by the age of 30.



#### Online awareness

**26**% of 20-year-olds had posted information on social media they later regretted.

**39**% had deleted comments from their online profile.

**51%** had removed identifying info from photos of themselves online.

## Influences on 'STEM' participation

**35%** of students took a 'STEM' course in college (science, technology, engineering or maths)

Men were more likely to study STEM than women (41% vs 28%)

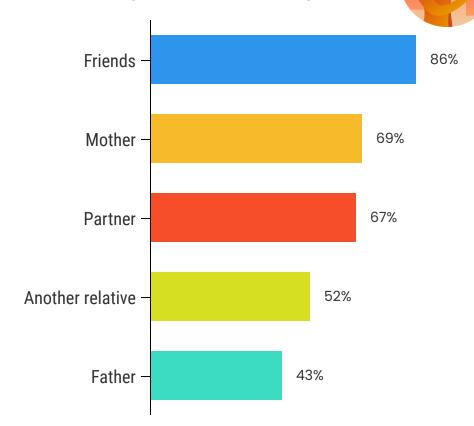
Over half **(51%)** of young people who got high Leaving Cert points (i.e. in top 20%) did STEM.





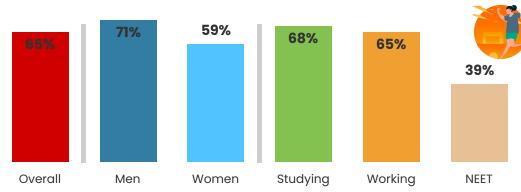


# Who 20-year-olds would talk to about thoughts and feelings



## Most 20-year-olds felt they had someone they could talk to about thoughts and feelings

Friends were the most popular type of confidente for young adults (86%). Their mother was the most likely family member for a 20-year-old to confide in.



Two-thirds of 20-year-olds were achieving recommended guidelines for physical activity

Men (71%) were more likely to be active than women (59%). Economically 'active' young adults were more physically active than those in the 'NEET' group (not in education, employment or training).